

VALUES WORKSHEET
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**Step #1: Brainstorm some things that come to mind when you are asked the question
 “What are your core values?”**

Step #2: What moral intuitions and senses resonate most with you?

Harm	Fairness	Group Loyalty	Authority	Purity
“Compassion for those who are suffering is the most crucial virtue.”	“If a friend wanted to cut in with me on a long line, I would feel uncomfortable because it wouldn’t be fair to those behind me.”	“The government should strive to improve the well-being of people in our nation, even if it sometimes happens at the expense of people in other nations.”	“Respect for authority is something all children need to learn.”	“I would call some acts wrong on the grounds that they are unnatural or disgusting.”

Step #3: What analytical frameworks for making decisions resonate most with you?

Consequences	Distribution	Process	Rights	Virtue
“It is important for the pie to be as large as possible even if some of the slices are unequal.”	“It’s OK if the pie is smaller as long as the pieces are more equal.”	“The size of the pie or the slices don’t matter; what matters is whether the process that baked it is unfair.”	“The size of the pie in the slices are less important than if someone’s rights were violated to bake it.”	“I don’t focus on whether I make good decisions; I focus on building good virtues and habits.”

Step #4: Now that you’ve been exposed to some frameworks, would you like to revisit the question “What are your core values?”